



The Winning Edge

Take your performance to the next level

(805)886-5538

Susan L. Farber, M.A., MFT

22 West Micheltorena, Ste. B
Santa Barbara, California 93101

540 Alisal Road, #3
Solvang, CA 93463

Curriculum Vitae

farbermft@mdofficemail.com
susanfarbermft.com
thewinningedgesb.com

Background

Licensed Marriage and Family Therapist in private practice as of October, 2002. Work with seniors, adults, couples, adolescents, college students, competitive athletes, caregivers, and families. Specialize in depression, anxiety, substance abuse, catastrophic injury, disabilities, work/school related stress, life transitions, relationship issues, traumatic brain injury, chronic pain/TMS, neurological conditions, caregiver stress, and performance enhancement for athletes. Training and theoretical background includes cognitive behavioral, mind-body, family systems, brief therapy and sport psychology modalities.

Employment History

Private Practice , Santa Barbara and Buellton, CA <i>Psychotherapist</i>	October 2002 – Present
Beacon Health Options , Cerritos, CA <i>Community Care Manager – Independent Contractor</i>	June 2011 – Present
Recovery Road Medical Center , Santa Barbara, CA <i>Psychotherapist, Individual and Group – Independent Contractor</i>	August 2006 – October 2009
Jodi House Brain Injury Support Center , Santa Barbara, CA <i>Art Therapy Group Facilitator</i>	November 2014 – October 2015
Ventura Brain Injury Center of Ventura , Ventura, CA <i>Support and Social Group Facilitator</i>	July 2012 – June 2013
Coast Caregiver Resource Center , Santa Barbara CA <i>Marriage Family Therapist – Independent Contractor</i>	August 2003 – June 2009
Solutions at Santa Barbara Residential and Day Program Rehabilitation , Santa Barbara, CA <i>Case Manager and MFT intern</i>	April 1997 – June 2004
Muscular Dystrophy Association , Santa Barbara, CA <i>Support Group Facilitator</i>	November 2006 – 2007
Breast Resource Center of Santa Barbara , Santa Barbara CA <i>Group Psychotherapist</i>	May 2003-August 2003
Devereux Foundation , Santa Barbara, CA <i>Marriage and Family Therapist Intern, Residential and Assistant Supervisor, Case Manager, Behavioral Specialist, and Independent Living Skills Counselor.</i>	October 1987 – May 1999



Clinical Training

Solutions at Santa Barbara April 1997 – June 2006

MFT Intern - Supervised by James Angelos, Ph.D. and William Jenkins, Ph.D. Trained in adjustment to disability and pain management counseling. Provided individual and group psychotherapy to clients with brain injury/stroke and their caregivers.

Family Service Agency November 1999 – November 2003

MFT Intern - Supervised by William Jenkins, Ph.D. and Michael Bailey, Ph.D. Trained in cognitive-behavioral, attachment, mind/body, and family systems theory. Provided individual, family, couples, and group psychotherapy to low income clients and in-home counseling to the elderly.

The Council on Alcoholism and Drug Abuse-Project Recovery February 1998 – June 1998

MFT Trainee - Supervised by Yuri Zelez, MFT and Susan Schneipp, MFT. Trained in drug/alcohol counseling, Gestalt, solution-focused, and cognitive-behavioral therapy. Provided individual and group psychotherapy to adults on probation with chemical dependency issues.

Devereux Foundation December 1994 – February 1997

MFT Trainee - Supervised by Linda Wells, MFT, John Rapaz, PhD, and Denee Jordon, MFT. Trained in behavioral, attachment, psycho-dynamic, and cognitive-behavioral therapy. Provided behavioral and cognitive/behavioral therapy to adolescents/adults with developmental disabilities and severe emotional disturbances.

Hillside House April 1992 – June 1993

MFT Trainee - Supervised by Linda Wells, MFT. Trained in cognitive-behavioral and behavioral therapy. Provided individual, family, and individual psychotherapy to adults with cerebral palsy.

University of California, Santa Barbara, Student Health Services Sept. 1994 – June 1985

Peer Health Coordinator – Eating Disorder Student Health Program - Supervised by Louise Ousley, Ph.D. Trained in history & dynamics of eating disorders. Provided counseling, education, and panel presentations to high-risk students, sororities and community dental personnel.

Education

Aromahead Institute – Certification in aromatherapy

July 2016 - Sept. 2017

California Southern University, CA – Sport Psychology Training

April 2010 – July 2010

Santa Barbara City College, CA - Drug and Alcohol Counseling

2002 - 2004

Antioch University, Santa Barbara, CA - M.A. in Clinical Psychology

January 1994 - June 1993

University of California, Santa Barbara, CA - B.A. in Psychology

January 1984 - June 1989

Professional Affiliations

Member of California Association of Marriage, Family Therapists (CAMFT) 1997 - Present